

**Cornwall Archaeological Society, Excursions Summer 2019** For all walks, please wear clothing suitable for the weather and exposed places, and footwear for rough ground.

Date	Time	Event	Meet
<b>May</b> Sunday 19/05/2019	11.00 - Afternoon	<b>First CAS walk for 2019. Week St Mary and Penhallam moated mansion with Nicholas Johnson and Cathy Parkes</b> Starting in Week St Mary we will look at this ‘town that never grew but endured’, its street plan, church and castle earthworks, then walk to the valley below with the Cardinhams’ hunting ‘palace’ in its moat in the woods, for picnic lunch. Returning by footpath we will climb high up to Ashbury hillfort by kind permission of the farmer. <i>This part of the walk is steep (the views from the fort are fantastic!) It is also on private farmland, so please don’t bring dogs.</i>	11am at Week St Mary Village Hall car park NGR SX 23590 97505 (postcode EX22 6XQ)
<b>June</b> Sunday 02/06/2019	2pm – 4-30pm	<b>Exploration of dramatic industrial archaeology in the Tregargus Valley, St Stephen, kindly guided by Marie Allen</b> of the Tregargus Trust. Walk around the fine assemblage of China Stone mills and quarries in Tregargus Valley, on the edge of the china clay winning and working area. Abandoned in the 1960s to the trees and bluebells, the mill complex is now cared for by the Trust (no charge for the tour; donations to the ongoing work are always welcome). <i>Limited parking at the meeting place, the top valley entrance; please arrive here early and if full use St Stephen Social Club car park and car share back to this point to start the walk.</i>	2pm at top entrance to valley in layby near blockworks on St Stephen to Nanpean road NGR SW 94780 54685
<b>July</b> Sunday 14/07/2019	11am – around 4pm	<b>Tamar Valley walk around Calstock with Stephen Docksey</b> looking at the once busy and now beautifully quiet lanes and riversides. Downstream to Lower Kelly quays and Danescombe, and back through woods to Calstock for picnic lunch. Okel Tor mine, Calstock Church and Roman fort in the afternoon. DAS members are welcome to join CAS on the walk. <i>Car parking at Calstock Quay or at the railway station, quarter of a mile up the hill.</i>	11am at Calstock Quay NGR SX 43493 68603
<b>September</b> Sunday 08/09/2019	10.00 - around 3.00pm	<b>Lanhydrock historic landscape surveyed by Nigel Thomas</b> with diverse ornamental parkland and woods, and the earthworks of medieval fields the park captured and then preserved within it. Walk around the estate, looking at features including the deer park pale, and at some of the estate’s early mapping in the ‘atlas’ preserved at Lanhydrock House. Picnic by the River Fowey. <i>National Trust property. Non-NT members pay £3 to park for the day, and pay to visit the House (access to the Park is free).</i>	10am Lanhydrock outside café at main, top NT car park NGR SX 08700 64277
<b>October</b> Sunday 20/10/2019	11.00 - around 4.00pm	<b>Walk around Sancreed and Grumbla with Peter Herring.</b> Follow ancient paths to see the church and holy well, hamlets, and Caer Bran hillfort; and visit Grumbla Quoit, once a tiny cottage, by kind invitation of the owners. <i>There is a small car park west of Sancreed Church. No dogs on this walk please, as Caer Bran Farm, where the quoit stands, is a Bird Reserve.</i>	11am at Sancreed Church NGR SW 42018 29345 (TR20 8QS)